
St. Michael the Archangel Orthodox Church

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Sunday September 8, 2019 12th SUNDAY AFTER PENTECOST – Tone 3. *The Nativity of Our Most Holy Lady, Theotokos and Ever-Virgin Mary . Sunday before Elevation. Icons of the Most-holy Theotokos: “KURSK-ROOT” Icon of the Sign (1259), “POCHAEV” (1559), “KHOLMSK”, and others.*

This Week Schedule

Thursday 9/12 Study Group 10:00 a.m.

Friday 9/13 Eve of the Elevation Vespers 7:00 p.m.

*Saturday 9/14 Elevation of the Holy Cross Liturgy 10:00 a.m.**

Great Vespers 5: 00 p.m.

Inquirers/Basics Class 6:00 p.m.

Sunday 9/15 Hours 8:40 a.m. Divine Liturgy 9:00 a.m.

Followed by Coffee Hour

Reader Schedule

DATE	3RD HOUR	6TH HOUR	EPISTLE
Sep 08	RILEY	RILEY	RILEY
Sep 14	EXALTATION OF THE CROSS		
Sep 15	WALES	WALES	WALES
Sep 22	LEWIS	BUNITSKY	LEWIS
Sep 29	SULPIZI	PECK	PECK

Hymns and Prayers

Tone 3 Troparion *(Resurrection)*

Let the heavens rejoice!
Let the earth be glad!
For the Lord has shown strength with His arm.
He has trampled down death by death.
He has become the first born of the dead.
He has delivered us from the depths of hell,
and has granted to the world//
great mercy.

Tone 4 Troparion *(Nativity of the Theotokos)*

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Tone 3 Kontakion *(Resurrection)*

On this day You rose from the tomb, O Merciful One,
leading us from the gates of death.
On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Your power.

Tone 4 Kontakion *(Nativity of the Theotokos)*

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve -- from the corruption of death.
And we, your people, freed from the guilt of sin, celebrate and
sing to you://
“The barren woman gives birth to the Theotokos, the nourisher of
our Life.”

Tone 6 Prokeimenon

O Lord, save Your people, and bless Your inheritance! (*Ps 27/28:9*)

v: *To You, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)*

Tone 3 Prokeimenon (*Song of the Theotokos*)

My soul magnifies the Lord, and my spirit rejoices in God my Savior.
(*Lk 1:46-47*)

Epistle Galatians 6:11-18 (*Sunday before the Elevation*)*

*See with what large letters I have written to you with my own hand!
As many as desire to make a good showing in the flesh, these would
compel you to be circumcised, only that they may not suffer persecution
for the cross of Christ.*

*For not even those who are circumcised keep the law, but they desire to
have you circumcised that they may boast in your flesh.*

*But God forbid that I should boast except in the cross of our Lord Jesus
Christ, by whom the world has been crucified to me, and I to the world.
For in Christ Jesus neither circumcision nor uncircumcision avails
anything, but a new creation.*

*And as many as walk according to this rule, peace and mercy be upon
them, and upon the Israel of God.*

*From now on let no one trouble me, for I bear in my body the marks of
the Lord Jesus.*

Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

1 Corinthians 15:1-11*

*Moreover, brethren, I declare to you the gospel which I preached to you,
which also you received and in which you stand,
by which also you are saved, if you hold fast that word which I preached
to you – unless you believed in vain.*

*For I delivered to you first of all that which I also received: that Christ
died for our sins according to the Scriptures,
and that He was buried, and that He rose again the third day according
to the Scriptures,*

and that He was seen by Cephas, then by the twelve.

*After that He was seen by over five hundred brethren at once, of whom
the greater part remain to the present, but some have fallen asleep.*

After that He was seen by James, then by all the apostles.

Then last of all He was seen by me also, as by one born out of due time.

*For I am the least of the apostles, who am not worthy to be called an
apostle, because I persecuted the church of God.*

*But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was with me.
Therefore, whether it was I or they, so we preach and so you believed.*

Philippians 2:5-11 (*Nativity of the Theotokos*)

*Let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God,
but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men.
And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross.
Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.*

Tone 1

Alleluia, Alleluia, Alleluia!

v. I have exalted one chosen out of My people. (Ps 88/89:20)

*v: For My hand shall defend him and My arm shall strengthen him.
(Ps 88/89:22)*

Tone 8

v: Hear, O daughter, and see, and incline your ear! (Ps 44/45:10)

Gospel John 3:13-17 (*Sunday before the Elevation*)*

*No one has ascended to heaven but He who came down from heaven, that is, the Son of Man who is in heaven.
And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, that whoever believes in Him should not perish but have eternal life.
For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.
For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.*

Matthew 19:16-26*

Now behold, one came and said to Him, “Good Teacher, what good thing shall I do that I may have eternal life?”

So He said to him, “Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments.”

He said to Him, “Which ones?” Jesus said, “‘You shall not murder,’ ‘You shall not commit adultery,’ ‘You shall not steal,’ ‘You shall not bear false witness,’

‘Honor your father and your mother,’ and, ‘You shall love your neighbor as yourself.’ “

The young man said to Him, “All these things I have kept from my youth. What do I still lack?”

Jesus said to him, “If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me.”

But when the young man heard that saying, he went away sorrowful, for he had great possessions.

Then Jesus said to His disciples, “Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven.

And again I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.

When His disciples heard it, they were greatly astonished, saying, “Who then can be saved?”

But Jesus looked at them and said to them, “With men this is impossible, but with God all things are possible.”

Luke 10:38-42; 11:27-28 (*Nativity of the Theotokos*)

Now it happened as they went that He entered a certain village; and a certain woman named Martha welcomed Him into her house.

And she had a sister called Mary, who also sat at Jesus’ feet and heard His word.

But Martha was distracted with much serving, and she approached Him and said, “Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me.”

And Jesus answered and said to her, “Martha, Martha, you are worried and troubled about many things.

But one thing is needed, and Mary has chosen that good part, which will not be taken away from her.”

And it happened, as He spoke these things, that a certain woman from the crowd raised her voice and said to Him, “Blessed is the womb that bore You, and the breasts which nursed You!”

But He said, “More than that, blessed are those who hear the word of God and keep it!”

(Instead of “It is truly meet ...,” we sing:)

Tone 8

Magnify, O my soul, the most glorious birth of the Mother of God!

Virginity is foreign to mothers;
childbearing is strange for virgins.

But in you, O Theotokos, both were accomplished./

Therefore all we nations of the earth unceasingly magnify you.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)

I will receive the cup of salvation and call on the name of the Lord.

(*Ps 115/116:13*)

Alleluia, Alleluia, Alleluia!

This Week's Announcement

Parish Picnic Thank You! Thanks to all who participated in our parish picnic last Sunday. It was a wonderful time of fun and fellowship. A special thanks to Julianna Peck and Catalina Finck for organizing food and activities.

FAMILY PROMISE Many thanks to everyone who cooked and served local homeless families at St. Philips this week. Your encouragement to them is really appreciated. Special thanks to Terry Telep who drove the FP van 3 evenings for us, for those who played with children and cleaned up after. You're all wonderful.

Nativity of the Theotokos We will celebrate the first major feast of the new church year with the Nativity of the Theotokos (Sept. 8). The feast honors the birth of the Mother of God and the salvation that comes through her Son. We will celebrate with both Vespers on the eve of the feast next Saturday and Sunday Sept. 7 & 8.

Elevation of the Holy Cross The second major feast of the church year is the Elevation or Exaltation of the Holy Cross. Truly, the Nativity of the Theotokos is seen as the beginning of our salvation, and the Cross is seen as the culmination of our salvation. By Christ's death on It, our salvation was accomplished. Mary is also closely associated with the Cross, for

she was the mystical paradise in whom the Tree of Life sprouted; this Tree of Life, Christ our Savior, then planted on earth the life-creating Tree of the Cross (from the Feast). And as He suffered and died on the Life-giving Tree of the Cross, so too we are called upon to take up our own crosses on our shoulders and to die daily for the sake of Him Who died for us. We will celebrate on Fri. Sept. 13th with Great Vespers at 7:00 p.m. and **Divine Liturgy Sat. Sept. 14th at 10:00 a.m.** Join us!

Study Group to Begin Please mark your calendars for the start of our Thursday Study Group. Our Study group will resume on Thursday, September 12th at 10 a.m. We will continue with our study of the Gospel of St. Matthew. All are welcome to join us!

Inquirer's/ Basics of Orthodoxy Class Fr. Barnabas will be offering an Inquirer's/Basics of Orthodoxy Class on Saturday evenings. The class will meet Saturday evenings following Vespers at 6:00 p.m. Any who are interested in finding out more or who are interested in becoming Orthodox should try to attend.

Wisdom from the Holy Fathers

"Offer your words of prayer without haste Don't allow your mind to wander. This path is narrow and awkward for the mind, which is used to gadding about freely wherever it wills, but it's the path that leads to careful attention. If you taste the wonderful thing which is this careful attention, you'll always want to bring your mind to this narrow path that leads to blessed attention."

+ *Saint Ignatij Brianchaninov*

"Never condemn anyone. Greet everyone with a good disposition, whoever he may be, with the hope of finding in him only good, seeing before you the image of God."

+*St. Nikon of Optina*

Prayers for the Departed: Archbishop Nikon, Peter Melnik, Michael Sinovich, Marie Karawulan, Virginia Sekerak Marie Holowatch,, David Rex

Prayers for the Sick and Those in Need: Fr. John Zabinko, Fr. Joseph Chupeck, Fr. Josef Petranin, Fr. John Nightingale, Fr. Deacon James Carpenter, Mat. Ellen Chupeck, Mat. Jan Kozak, Lemlem Resat, Olga Riley, Barbara Hicks, James Hicks, Anna Herko, Luke & Anna Wales, Nona Carey, Maria & Doug Dozier, Mona Elia, Mary Anne Farrell, John Griffith, Cynthia Griffith, Lubov Baldychev, Stephanie Hojnicky, Laura Cristina Najemy, Harry Kutch, Dimitrios Jim Petrides, Albert Shock, Elizabeth Melnik, Alexandra Grishin

Date	<u>Coffee Hour</u>	<u>Service Duty</u>	<u>Church Cleaner</u>	<u>Library</u>
8-Sep	Hojnicki/Flynn/Roberts	Riley/Riley	Hines	Skomorucha
15-Sep	Gerissimakis/Bunitsky	Sulpizi/Finck	Baldychev/Shatley/	Maloney
22-Sep	M. and S. Peck/Finck	Hojnicki/Souder	Suplizi	Gundersen
29-Sep	Shatley/Hines	Telep/Baldychev	Riley	Farrell
6-Oct	Elia/Gunderson/Farrell	Bunitsky/Morjana	Bunitsky/Finck	Skomorucha

Upcoming Dates to Keep in Mind

Elevation of the Holy Cross Sept. 14th

All Parish Meeting

Entrance of the Theotokos into the Temple Nov. 21st